



Supporting staff, supporting you

As an Occupational Therapist Manager, you know what it is like delivering safe, effective and patient-centered care – often in stressful and demanding situations. Having a BAOT steward on the team will help – not hinder – that work, easing the pressure and helping to identify solutions so you are not dealing with it alone.

Here's 5 ways BAOT reps can make your job easier

1. Regular catchups

Communication with a trusted mediator can help staff feel heard – before problems become formal issues.

2. Policies into practice

You know more than anyone that policies are there for a reason, and reps can help all staff work within agreed frameworks, policies and procedures.

3. Early intervention

Reps can handle concerns early and constructively, saving everyone time and stress.

4. Innovative solutions

Reps can gather feedback on current or new structures, providing fresh perspectives.

5. Healthier work culture

Reps can support essential values like fairness, well-being and diversity.

Partnership working

BAOT reps are your critical friends in the workplace, providing constructive engagement and honest feedback. This means working together under the values of mutual respect, meaningful consultation and 'no surprises.'

Workplace reps

A workplace rep is a trade union member who acts as a go-to person, supporting staff and working collaboratively with managers to make work safer and fairer for all. To find out more about the benefits of having a trade union rep in your department or about the process of getting a workplace rep elected, please email

baotstewards@unison.co.uk